Congregation Talmud Torah Adereth El Phone (212) 685-0241

133-135 East 29th Street Email: info@aderethel.org New York, NY 10016 www.aderethel.org

Founded in 1857

B"H



Message from Rabbi Shua Mermelstein

BULLET

My Adereth El family, it is wonderful to be writing to you as we prepare to welcome the Jewish year 5784. As we contemplate the coming High Holidays it behooves us to recognize all that we accomplished over these last twelve months. We should also prepare for what will surely be another year spent serving Hashem, filled with Torah, prayer, and good deeds.

My article in last year's bulletin focused on celebrating our communal continuity. It was a recognition of this shul's incredible past, and an intentional commitment to how we chart our future. I am happy to report that the Jewish year of 5783 saw our community continue to grow. We had the privilege of participating in the Bnei Mitzvah of Sydney Gallay, Emma Levy and Ben Altman, three smart and kind teenagers who have spent much of their lives as members of our congregation. We had the opportunity to celebrate the Gallays, Levys and the Altmans, and to note their decades long commitment to building their families in our neighborhood.

In August, we marked Jordan Garay's Aufruf, 20 years after his Bar Mitzvah in the very same sanctuary. Mr. Joe Garay, Jordan's grandfather, received an aliyah, where he recited the blessings in the same booming voice we have grown accustomed to all these years. Mr. Garay's support over more than 50 years(!) has figuratively and literally built Adereth El into the community it is. How many shuls can boast of a centenarian who plays as prominent a role as Joe does in our kehilah? What an honor, then, to celebrate with Jordan, Drs. Garay, Joe and Olga and the entire Garay family.

Speaking of long-term relationships, I'd like to say a special thanks and tzeischem leshalom to Rabbi Jeremy and Marci Teichman, who have inspired us over the past two years. From Jeremy's insightful shiurim on the Siddur to his fiery sermons, his impact on our kahal has been immense. Jeremy, Marci and Margalit (the cutest) know they are always welcome in our halls, and we are excited to cheer them on as they continue to accomplish great things for their families and the Jewish people. I expect to see them around, once a member of our community, always a member of our community.

Con't on Page 13

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Ę	Officials		SX	
3	Rabbi	Joshua Mermelstein	<u>(3</u>)	
3	Rabbi Emeritus	Gideon Shloush	(凶)	
ふ	Office Manager	Maxine Ross	$\langle X \rangle$	C
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Ę	President	Michelle Gallay	SX	Be
3	Co Vice President	Adam Levy	<u>(۲)</u>	
3	Co Vice President	Tamir Packin	<u>(</u> 凶)	
2	Treasurer	Seth Gillston	$\langle \mathfrak{A} \rangle$	
3	Recording Secretary	Alice Burstein	$\overline{\mathbf{X}}$	
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3	Zelda Goldsmith, Stuart Krause, Eliana Leve, Norman Milner,			1.
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Office Hours				

Monday-Friday 9AM-12 PM

Contact Information

Office (212) 685-0241 Fax (646) 957-9258 info@aderethel.org rabbishuam@gmail.com www.aderethel.org

SUPPORTING THE SYNAGOGUE

Preserving the unique atmosphere of Adereth El requires the commitment of our entire community. There are many ways you can express your commitment and support depending on your interest. Dedicate an item in and around the Synagogue to honor family and friends, memorialize a loved one or commemorate a special event. Please see the Rabbi or our President for gift contribution opportunities. At this time support is especially needed in the following areas:

> Building beautification fund Children's classroom dedication Kiddush Fund Adult Education

Shabbat Morning Children's Services

Join us for the weekly Shabbat Children's Service. The program meets at 10:30am in the Diamond Library. Weekly tasty Parsha Projects at 11:30am. Be sure to spread the word to children in the neighborhood and community!

Greeting Cards

For your convenience, our Synagogue is selling beautiful "In Honor of" and "In Memory of" cards. This is a wonderful way to pay tribute to friends and family or commemorate loved ones. The cost is \$36 for a pack of five cards.

High Holiday Shana Tova Cards

This year Adereth El is selling again our unique High Holiday Shana Tova cards. The cost is \$36 for a pack of five cards. To order, please call the office.

ADERETH EL WEBSITE PLEASE SEND US YOUR EMAIL ADDRESS

Adereth El would like to keep in touch with you. This way you can be updated on Shul events, births, Shivas, and much more. Email us at: info@aderethel.org Thank you.

Lulav & Etrog

Take part in this special mitzvah. Reserve a set of your own! Deluxe Set \$80 Children's Set \$36

SCHEDULE OF SHABBAT SERVICES						
Date	Parsha	Candle Lighting	Friday Mincha	Shabbat Shacharit	Shabbat Mincha	Havdalah
Sept 22-23	Ha'azinu	6:35pm	6:40pm	9:00am	6:25pm	7:25pm
Sept 29-30	Sukkot	6:23pm	6:25pm	9:00am	6:15pm	7:13pm
Oct 6-7	Vezot Hab'rachah	6:12pm	6:15pm	9:00am	6:05pm	7:02pm
Oct.13-14	Bereshit	6:00pm	6:05pm	9:00am	5:50pm	6:51pm
Oct. 20-21	Noach	5:50pm	5:40pm	9:00am	5:45pm	6:41pm
Oct. 27-28	Lech-Lecha	5:40pm	5:30pm	9:00am	5:35pm	6:32pm
Nov. 3-4	Vayera	5:32pm	5:20pm	9:00am	5:25pm	6:24pm
Nov 10-11	Chayei Sara	4:24pm	4:15pm	9:00am	4:20pm	5:17pm
Nov. 17-18	Toldot	4:18pm	4:05pm	9:00am	4:10pm	5:12pm
Nov. 24-25	Vayetzei	4:13pm	4:00pm	9:00am	4:05pm	5:08pm
Dec. 1-2	Vayishiach	4:11pm	4:00pm	9:00am	4:05pm	5:06pm
Dec. 8-9	Chanukah	4:10pm	4:00pm	9:00am	4:05pm	5:06pm
Dec. 15-16	Chanukah	4:11pm	4:00pm	9:00am	4:05pm	5:07pm
Dec. 22-23	Vayigash	4:13pm	4:00pm	9:00am	4:10pm	5:10pm
Dec. 29-30	Vayechi	4:18pm	4:05pm	9:00am	4:10pm	5:15pm
Jan 5-6	Shemot	4:24pm	4:15pm	9:00am	4:20pm	5:21pm
Jan 12-13	Va'era	4:31pm	4:20pm	9:00am	4:25pm	5:27pm
Jan. 19-20	Во	4:39pm	4:30pm	9:00am	4:35pm	5:35pm
Jan. 26-27	Beshalach	4:47pm	4:35pm	9:00am	4:40pm	5 :43pm
Feb. 2-3	Yitro	4:56pm	4:45pm	9:00am	4:50pm	5:51pm
Feb. 9-10	Mishpatim	5:04pm	4:55pm	9:00am	4:55pm	5:59pm
Feb. 16-17	Terumah	5:13pm	5:00pm	9:00am	5:05pm	6:07pm
Feb. 23-24	Tetzavah	5:21pm	5:10pm	9:00am	5:10pm	6:15pm
Mar. 1-2	Ki Tisa	5:29pm	5:20pm	9:00am	5:20pm	6:23pm
Mar. 8-9	Vayakhel	5:37pm	5:25pm	9:00am	5:30pm	6:30pm
Mar.15-16	Pekudel	6:45pm	6:35pm	9:00am	6:35pm	7:38pm
Mar. 22-23	Vayikra	6:52pm	6:40pm	9:00am	6:45pm	7:45pm
Mar. 29-30	Tzav	7:00pm	6:50pm	9:00am	6:55pm	7:53pm
Apr. 5-6	Shemini	7:07pm	6:55pm	9:00am	7:00pm	8:01pm
Apr. 12-13	Tazria	7:14pm	7:00pm	9;00am	7:10pm	8:09pm
Apr. 19-20	Metzora	7:22pm	7:10pm	9:00am	7:15pm	8:17pm

SCHEDULE OF SERVICES – HOLIDAYS

ROSH HASHANA EV Friday, September 15	YOM KIPPUR EVE Sunday, September 24	
Candles	6:47 pm	Slichot & Morning Service
Mincha	6:55 pm	Mincha
ROSH HASHANAH– Saturday, September 16	Candles Kol Nidrei	
Moming Service	9:00am	YOM KIPPUR DAY
Sermon	10:45am	Monday. September 25
Mincha	6:50pm	Moming Service
Candles	7:38pm	Sermon
ROSH HASHANAH– Sunday, September 17 Moming Service Sermon Shofar Tashlich Miincha Havdalah	9:00 am 10:45am 11:00 am 5:15 pm 6:50pm 7:36pm	Yizkor Mincha Ne'ela Fast Ends SUKKOT EVE Friday, September 29 Candles Mincha
FAST OF GEDALIA Monday, September 18 Fast Begins Slichot & Moming Service Mincha: Fast Ends		SUKKOT FIRST DAY Saturday, September 30 Moming Service Mincha Candles

8:30am Э 3:00pm 6:32pm 6:40pm 9:00am 10:45am 11:00am 4:50pm 6:15pm 7:22pm

9:00am 6:30pm 7:13pm

6:23pm

6:30pm

SUKKOT SECOND DAY Sunday, October 1

9:00am Moming Service 6:30pm 7:12pm Mincha Havdalah

CHOL HAMOED October 2-6 Morning Service 6:35am Mincha 5:10pm

HASHANA RABBA

Friday, October 6 6:20am Moming Service Candles 6:12pm Mincha 6:20pm

SHEMINI ATZERET

Saturday, October 7 9:00am Moming Service 10:30am Yizkor Mincha 6:15pm Candle Lighting 7:02pm Hakafot/Simchat Torah 7:15pm

SIMCHATTORAH

Sunday, October 8 9:00am Moming Service Mincha 6:15pm Havdalah 7:00pm

Morning Schedule

Sunday: 8:30am Monday & Thursday: 6:50am Tuesday, Wednesday & Friday: 7:00am Shabbat: 9:00am Rosh Chodesh: 6:45am

Early Mincha Schedule

Monday-Thursday Winter: 1:00pm

Summer: 1:40pm

Weekday Mincha-Maariv Week of:			
Sept. 17 Sept. 24 Oct. 1 Oct. 8 Oct. 15 Oct. 22 Oct. 29	5:30pm 5:20pm 5:10pm 5:00pm 4:50pm 4:45pm 4:35pm	Jan. 7 Jan 14 Jan. 21 Jan. 28 Feb. 4 Feb. 11 Feb. 18	4:35pm 4:40pm 4:50pm 4:55pm 5:05pm 5:10pm 5:25pm
Nov. 5 Nov. 12 Nov. 29 Nov. 26 Dec. 3 Dec. 10 Dec. 17 Dec. 24 Dec. 31	4:35pm 4:25pm 4:20pm 4:20pm 4:20pm 4:20pm 4:20pm 4:20pm 4:25pm	Feb. 25 Mar.4 Mar. 11 Mar. 18 Mar. 25 Apr. 1 Apr. 8 Apr. 14	5:30pm 5:40pm 5:35pm 5:40pm 5:45pm 5:50pm 6:00pm 6:00pm

Message from our Rabbi Emeritus Rabbi Gideon Shloush



What a fabulous time we had last month visiting with our beloved Adereth El community. It was so wonderful to see how the congregation continues to blossom and remarkably no one has aged. The political situation around the world continues to be alarming. In particular, many asked about Israel and the ongoing protests. My response is that we have to constantly remind ourselves to take a step back and see the broader picture of Jewish history.

Am Yisrael endured countless centuries of antisemitism and persecution, almost always at the hands of foreign rulers and nations. Many of us can attest to growing up without grandparents or great-grandparents because they were murdered at the hands of the Nazis or Stalin. Now after a two-thousand year exile the Jewish People have returned in large numbers to their homeland. 75 years ago, six percent of world Jewry resided in Israel. Today fifty percent of the Jews in the world live in Israel. There is a vibrant democracy in Israel, and this thankfully continues under a democratically elected government. Let us also keep in mind that sadly, there is a nearly 80 percent assimilation rate for Jews in the Diaspora.

How grateful we must be that today there is a flourishing Jewish homeland for Am Yisrael. That there is a Jewish army and that the Hebrew language – the language of the Torah – has been revived. Israel is soaring in every industry. This is all a blessing from Above and it is a clear fulfillment of the words of the prophet Jeremiah: "*V'Shavu Banim L'Gvulam*" – "The day will arrive when the Jewish people will return to their own borders."

How inspiring it is to see the Hand of G-d working before our very eyes.

Just a century and a half ago Mark Twain visited Israel. Recording his experience he wrote: It is a "desolate country whose soil is rich enough, but is given over wholly to weeds-a silent mournful . xpanse....A desolation is here that not even imagination can grace with the pomp of life and action... We never saw a human being on the whole route....There was hardly a tree or a shrub anywhere. Even the olive and the cactus, those fast friends of the worthless soil, had almost deserted the country."

Compare this to the words of Dan Senor in his classic book Start Up Nation:

"Israel has become a global powerhouse in innovation and entrepreneurialism. Its culture and geopolitics make the country swirl with both creative and sustainable start-ups developing everything from electric cars to money transfer systems. The media invariably offers a skewed portrayal of Israel, only reporting on its ongoing political conflicts with neighboring countries, conflict with the Palestinians, or the Iranian nuclear issue. But a major facet of Israel is often disregarded, and that is its econom-ic and innovative achievements. Many people are unaware that Israel represents one of the most densely concentrated centers of innovation and entrepreneurship in the world. In fact, Israel is the word leader when it comes to the the percentage of the economy spent on research and development. As a result, Israel also has the highest density of start-ups (and among the highest venture capital investment) in the world."

Con't on Page 19

Message from our President Michelle Gallay



It's late on a Thursday evening and I head over to the Shul office to print something and bring to the Rabbis podium. I'm always fascinated when I find myself inside the sanctuary all alone, listening to the silence. I sometimes take these opportunities to just sit and look around me. I notice more details in these moments that may not be your focus when present in the same exact room with others for services or community programming. I have this time to reflect on just how old this Shul is and what it must have been like for those who walked these

rooms before me. I look at the many plaques and memorial dedications up on the walls, some even dating back to the late 19th century. I take these short moments to reflect on how important my job is to ensure the continued success and growth of Adereth El and this community. And while being President of this shul is not my primary job, it is one of great importance.

There are a few key features that appear in all synagogues: The Aron Hakodesh, which is the centerpiece of the synagogue and known to be the holiest part of the synagogue. The Sefer Torah which resides inside the ark, many of which are covered with ornately designed covers. The Ner Tamid, a light that resides above the Aron Hakodesh, never to go out and is a reminder of the constantly lit Menorah from the Temple in Jerusalem. The Bimah, a raised platform typically centered where the Torah is read from and where the chazan leads the services and which represents the altar from the Temple in Jerusalem. No matter the design of the building or in what region of the world, whether modern in America or ancient in Rome, these elements are all physical attributes found in every synagogue you will visit. I can't help but think, these are all required physical items when constructing a synagogue derives from the Greek word for *Assembly*. Synagogues are not built to be museums, although many may become just that. They are built to offer something to the people – to the community. A synagogue is the center for Jewish life. A place for group prayer, a place for spiritual refuge, a place for Jewish learning, and a place for community development and bonding.

As I sat in the quiet confines of the sanctuary that Thursday evening, I realized that while there is so much history and so much beauty in this building, Adereth El would be nominal without the people who come each here day and each week. I have witnessed over the last year a remarkably diverse number of individuals who have attended our services. I see the older members of the community as well as the younger newcomers. What is more inspiring is the blending of these two age groups given the generational gaps, potential difference in opinions and variation in livelihood. What they all have in common is that they are Jews - gathering for the collective purpose of prayer and celebrating Shabbat. This common thread allows for inclusivity and community no matter what age. Living in a transitional neighborhood, it is heartwarming to see that the younger generation have continued to attend Shabbat services each week. It is this younger group on which we will need to rely on to advocate for our small but mighty shul for future generations to come. I watch our Rabbi, Shua Mermelstein, connect with both generations seamlessly, and I admire and respect this innate ability of his. I strive to make these connections as well for the future of our shul. In my line of work Client Engagement is critical. Interactions with clients and building true and genuine relationships are significant to the longevity of my business. This concept is similarly applicable to Adereth El and is a true focus of mine as well as Rabbi Mermelstein.

Cont'd on page 18

Message from the Sisterhood Alice Burstein

The Adereth El Sisterhood is an arm of Adereth El that supports the Shul and its goals by helping create an inviting atmosphere, fostering a sense of community and contributing financially to the Shul. We sponsor a Security Guard for the Shul every month to honor Rosh Chodesh, long considered a special holiday for women.



We also sponsor Security on some holidays. We celebrate births by sending baby gifts to welcome our newest members; we send letters of condolence and sponsor Eruvim for people in mourning. The Sisterhood contributes to the Shul in other ways as needed, for example sponsoring some holiday Kiddushim and helping out in the Shul office.

This year we held an origami class, taught by shul member Rachel Ross. Origami is the Japanese art of paper folding - "ori" is Japanese for folding and "kami" means paper. It has been practiced in Japan for centuries. Rachel herself was taught by Lillian Oppenheimer, who brought origami to the US in the 1940's. The paper can be in a variety of colors and can also be done with foil, although it's more difficult. Origami usually begins with a square sheet of paper. And with origami techniques that Rachel taught us, a flat square of paper can be transformed into a finished sculpture by folding the paper in several ways. We learned how to turn the square sheets into birds, flowers and other shapes. Rachel also showed us how to create a Magen David out of foil. The class was well attended and very enjoyable, and we left with our own creations. We can now use our newly learned art to decorate the Adereth El Sukkah!

We resumed our traditional Father's Day Kiddush this year with its wonderful decorations. There were large balloons floating in the air, honoring our great fathers. We had party food with hamburgers, frankfurters, rolls, multiple salads and a variety of beers. Desert was a delicious cake provided by Neera Goitein (Sisterhood president), Natan Peri and Frank Dickstein in celebration of their birthdays.

Over the years the Sisterhood has sponsored a wide variety of events. Last year we introduced Let's Talk Torah, led by Rabbi Shua Merlmelstein and held in Madison Square Park - a lovely small park close to Adereth El. Last year's events were very successful so we continued the program this summer. We started with Rabbi Mermelstein leading a meaningful discussion about the seven weeks of comfort from Tisha B'Av to Rosh Hashanah.

Past Sisterhood events included wine tastings, a game night, jewelry making classes, a theater party, art appreciation lectures, challah baking and cholent classes plus others.

The Sisterhood continues to produce the Adereth El Book of Remembrance, a booklet that contains the Yizkor prayers recited at Adereth El as well as a section memorializing contributors' departed loved ones. The booklets are produced for the High Holidays every year and are used every time that Yizkor is recited. In addition to the hard copies in the shul, we now also post a link to a web version for those who cannot attend in person so they, too, can access the prayers and memorials wherever they are.

The Sisterhood is open to to suggestions for future events. We welcome new members — applications for membership are available at the Shul office or at www.aderethel.org/sisterhood.



Have YOU Joined?

BECOME A MEMBER, MAKE THE DIFFERENCE

If you daven regularly with our community, please consider joining as a member! We would love you to become a full-fledged partner in our dynamic synagogue, participating in all of our activities, and enjoying all of the benefits of membership. It is only with your personal involvement and financial support that we can continue to provide such a broad range of services, classes, and programs. So please contact the Synagogue office and commit to membership in our remarkable Shul, where your investment generates communal dividends and substantial spiritual gains, all tax-free.

PLATINUM DUES	\$3600
GOLD DUES	\$2500
PILLAR DUES	\$1800
FAMILY DUES	\$1100
SINGLE DUES	\$800
ASSOCIATE MEMBERSHIP (For those who only attend our shul on	
weekdays)	\$500
STUDENT MEMBERSHIP	\$360

MANAGEABLE MEMBERSHIP

For those who find it difficult to pay membership dues all at once, please consider a monthly payment option of \$75/month. The Synagogue office will simply bill your credit card at the beginning of each month. Another way to help this to make a monthly contribution to the Shul. The office could charge your credit card as per your request. Your support is greatly appreciated.



Eruv Sponsors

Z"L father of Michael Weltz, Adereth El Board Member.

The Eruv is sponsored by the Sisterhood of Adereth El in Memory of Murray Weltz,

The Eruv is sponsored by Rebecca Saffra in memory of רפאל איתמר צבי בן דבורה אסתר,

3/10/2023 Dr. Robert Van Amerongen. The Eruv is sponsored by Maxine Ross in Memory of her Beloved grandfather, 3/17/2023 Philip Novinsky. The Eruv is sponsored by Neera Goitein (Freda) & family in loving memory of her 3/24/2023 parents Sonia & Leibl Rebaisen. May their beautiful neshamas be risen to the highest possible level. The Eruv is sponsored by Mike Gallay in memory of his father Ralph Gallay, רפאל בן זאב 3/31/2023 on his first yahrzeit. 4/14/2023 The Eruv is sponsored by David and Barbara Kasell in memory of Barbara's sister, Carol Glickman Shoenig. The Eruv is sponsored by Natan Peri and Dr. Michelle Levite for the 4/21/2023 Yahrzeit of Natan's father, Ephraim ben Israel. 4/28/2023 The Eruv is sponsored by Michelle Gallay and Beth Jaffe in memory of their mother Sandi Jaffe, Sarah Leah bat Yonah Leib on her 29th yartzeit. 5/5/2023 The Eruv is sponsored by the Milstein family in commemoration of Isaac's two Zaidys, Moshe Gedalya Ben Yitzchok Halevi and Shmuel Ben Ruvin.c May both of their Neshamas have an Aliyah. 5/12/2023 The Eruv is sponsored by Linda Solomon in honor of the 75th Anniversary of the State of Israel. The Eruv is sponsored by the Milstein family for the Yahrtzeit of Isaac's aunt, Devorah 5/19/2023 Bas Moshe Gedalya Halevi. May her neshama have an Aliyah. 6/2/2023 The Eruv is sponsored by Susan Smith in honor of her brother Alan celebrating his 85th birthday. 6/9/2023 The Eruv is sponsored by the Sisterhood of Adereth El in memory of Harvey Solomon, brother of Linda Solomon. It is also sponsored by Alice Burstein in celebration of Sisterhood co-President Neera Goitein's birthday. The Eruv is sponsored by Sofie Jaffe for a refuah shleima for Chaim Ben Raizel. 6/16/2023 6/30/2023 The Eruv is sponsored by Beth Zisman wishing a Happy Birthday to Laupheimer. The Eruv is sponsored by Sydney and Hannah Gallay in honor of Michelle Gallay's 7/7/2023 birthday. 7/14/2023 The Eruv is sponsored by Maxine Ross in memory of her father, Irving H. Ross. The Eruv is sponsored by Beth Jaffe with gratitude to Hashem for the abundant brachot 7/21/2023 iny life and for a refuah shlemah for Chaya Gila bat Sarah Hersha. Cont'd on Page 19

3/3/2023

Security Sponsors

- 3/24/2023 Security is sponsored by The Adereth El Sisterhood in honor of Rosh Chodesh Nissan.
- 3/31/2023 Security is sponsored by Neera Goitein & family in loving memory of her parents Leibl & Sonia Rebaisen.
- 4/14/2023 Security is sponsored by Neera Goitein in gratitude to Hashem for the blessings He bestows upon us, His people.
- 4/21/2023 Security is sponsored by The Adereth El Sisterhood in honor of Rosh Chodesh Iyar.
- 5/12/2023 Security is sponsored by the Adereth El Sisterhood in honor of our all our mothers.
- 5/19/2023 Security is sponsored by The Adereth El Sisterhood in honor of Rosh Chodesh Sivan.
- 6/16/2023 Security is sponsored by Allen Rickman in memory of his mother, Chaya Neche bas Reb Aharon.
- 6/23/2023 Security is sponsored by The Adereth El Sisterhood in honor of Rosh Chodesh Tamuz.
- 7/7/2023 Security is sponsored by Michelle Gallay's family (near and far) in honor of her birthday.
- 7/21/2023 Security is sponsored by The Adereth El Sisterhood in honor of Rosh Chodesh Av.
- 7/28/2023 Security is sponsored by Karen, Ruvan Shein and Family, in loving memory of Joseph Shein.
- 8/4/2023 Security is sponsored by the Dickstein family for the Yahrtzeit of Lea's mother, Golda bat Shlomo HaCohen. May her neshama have an Aliyah.
- 8/11/2023 Security is sponsored by Dr. Ruevan and Karen Shein in memory of Joseph Shein.



KIDDUSH SPONSORS

3/3/2023	Kiddush is co-sponsored by Paul & Mark Pocress in honor of their Bar Mitzvah parsha (Zachor).
3/3/2023	Kiddush is co-sponsored by Riki Zahn and her siblings: Gabriella & Matthew Bielski, Zev & Leah Zahn and Sara & Evan Cohen, in memory of Levi Yitzchak ben HaRav Avaraham Elimelech.
3/24/2023	Kiddush is sponsored by Rabbi Shua in honor of his 30th birthday, his Bar Mitzvah Parsha, and the incredible home that is Adereth El.
3/31/2023	Kiddush is sponsored by Paul Pocress & Mark Pocress commemorating the tenth yarzheit of their beloved mother Sarah Leah bat HaRav Schneur Zalman. Also wishing everyone a happy and kosher Pesach.
4/28/2023	Kiddush is co-sponsored by Marshall Wise in honor the yahrzeit of his mother Miriam Gotlieb.
5/12/2023	Thank you to everyone who contributed to the Mother's Day Kiddush: Adereth El Sisterhood • Natan Peri and Dr. Michelle Levite • Michelle and Mike Gallay • Maxine Ross • Seth and Amy Gillston • Linda Solomon • Neera Goitein • Jackie Slawsky.
6/2/2023	Kiddush is sponsored by the Hellring family who is extremely pleased to honor James on the anniversary of his Bar Mitzvah.
6/9/2023	Kiddush is sponsored by Stephen and Rachel Ross in honor of the birth of their grandson Elad Well the son of Maytal Ross and Nadav Well and their granddaughter Bianca Aviv Marks the daughter of Dr Yael and Daniel Marks.
6/16/2023	Kiddush is sponsored by The Sisterhood of Adereth El in honor of Father's Day. The cake at kiddush is sponsored by Franklin Dickstein, Natan Peri and Neera Goitein who are all celebrating their birthday this month.
6/23/2023	Kiddush is sponsored by Paul Pocress & Mark Pocress, in memory of their beloved father, Yoel Yehoshua ben Aryeh Leib's yahrzeit.
7/14/2023	Kiddush is sponsored by Stephen and Rachel Ross in Memory of Steve's father, Irving H. Ross on his Yahrzeit.
7/21/2023	Kiddush is sponsored by the Gillston family in memory of the yahzreit of Lionel Gillston: Arieh Ben Daniel. May his n'shama have an aliyah.
8/11/2023	Kiddush is sponsored in honor of the Aufruf of Jordan Garay, son of Drs. Stuart and Adrienne Garay.

Thank You

Thank you to Alan Broder for donating to help fix our Torah scrolls, in memory of his father, Shalom Ben Moshe (Sol Broder) on his first yahrtzeit this week.

Thank you to Noah Kest for donating to help fix our Torah scrolls, in honor of Sol and Clara Kest.

Thank you to Dr. John and Trish Golin for donating to help fix our Torah scrolls.

Thank you to Renée Moskowitz and Stuart Krause for sponsoring Shavuot all night learning desserts and morning kiddush in memory of their son Alex Krause z"l on his second Yahrzeit.

Thank you to Beth Jaffe for donating books of Tehillim to the Shul Library in memory of her mother, Sandi Jaffe, Sarah Leah bat Yona Leib z"l.

Eruv Sponsors Con't

- 8/4/2023 The Eruv is sponsored by Barbara and David Kasell, in memory of Barbara's father, Cy Glickman, for his Yahezeit.
- 8/11/2023 The Eruv is sponsored by Neera Goitein in loving memory of her mother Sonia Rebaisen on her birthday.



Mazal Tou Bar and Bat Mitzvahs



Sydney Gallay is currently entering eight grade at Manhattan Day School. She is an excellent student who is passionate about reading, writing, and learning about History. Sydney is an extremely talented artist who can often be found drawing, illustrating, or creating anything crafty. She has been coming to Adereth El since she was 2 years old and is a proud graduate of the Children's Service. She is kind, generous and compassionate with exceptional inner beauty. Sydney celebrated her Bat Mitzvah this past year and we are so proud of her and all her accomplishments. We look forward to watching her continue to grow in Torah values for many years to come. Mazel Tov Sydney!



We were so proud of our daughter, **Emma Levy**, as she became a Bat Mitzvah this past December. Emma's Jewish education began right here at Adereth El, by the way of Aleph Bet Preschool, at age two and continues as she enters eighth grade at Schechter Manhattan on the Upper West Side. Emma is a loving and protective big sister to twins Ava and Zoe and is a loyal and supportive friend. She works hard in school and loves listening to music. You can often find Emma playing ice hockey in her spare time. Mazel Tov, Emma!



Ben Altman was born into the Adereth El community thirteen years ago and has been a regular each Shabbat ever since. He is a rising eighth grader at Manhattan Day School where he has many friends and is a stellar student. When not in school, Ben is playing basketball or football which many of you have witnessed. He is an amazing child with a huge heart. Mazel Tov to Ben who celebrated his Bar Mitzvah this past year.

Mazal Tov

Mazal Tov to Dr. Stuart & Dr. Adrianne Garay on the occasion of the aufruf and upcoming wedding of their son Jordan to Gabriella Sheena. Mazal Tov to the proud Grandparents Joseph and Olga Garay and to the entire Garay family.

Adereth El Safety Updates

Safety is paramount to us at the shul. As such, we have examined opportunities to continue improve security at Adereth El. Our goal is to keep our Kehila safe by being well prepared for a variety of emergency situations through information and simple instructions for our congregation. Clyde continues to serve as our excellent security guard. We also hosted a recent self-defense workshop and demonstration. Following the demonstration we discussed ways that individuals can effectively respond to emergency situations such as a fire, a medical incident, a hostage situation or an active shooter. Below we outline some of our planned next steps:

1. We will place cell phones for emergency use in a couple of locations around the shul. These phones will be monitored weekly to confirm they have sufficient charge. Select volunteers will be sitting in their proximity should the need for them arise.

2. Placed in the lobby and siddur holders in the sanctuary, laminated sheets will have simple security information such as the location of shul exits, what to say to a 911 dispatcher, and the location of the defibrillator, medical supplies, and fire alarms.

3. To further create long-term situational awareness, the Friday/Shabbat (eruv) email will have a "Safety Corner" with a single, simple, rotating security tip that can be repeated in the after-davening announcements.

The safety and security of our shul and congregants is our collective responsibility and an ongoing process. Preparedness and prevention are essential. Please keep an eye out for future activities which could include talks, guest speakers, simulations, and workshops. We would like to create a workshop/seminar to meet regularly to flesh out ideas and make things happen. Our success depends on you! We welcome your suggestions, sponsorship, and/or participation in these endeavors.

Thanks,

Rabbi Shua Mermelstein, Gabbai John Golin & Sisterhood co-president Neera Goitein







Message from Rabbi Shua Mermelstein Continued from page 1

I am also excited to welcome Rabbi Jacob and Jessica Stern to our congregation. Rabbi Jacob will be joining us as our rabbinic intern, and I am thrilled that we will be able to learn from him and Jessica.

While our focus last year was continuity, 5784 brings us a chance to focus on another core Jewish principle-unity. At a time when society can feel increasingly divided, it is all the more essential that Adereth El continue to exist as it always has, as a fortress of warmth, kindness, acceptance and Jewish pride.

Ramchal writes at the end of Chapter 19 in his Mesilas Yesharim that "[v]chol ma sh'adam magdil ahavaso l'Yisroel, gam H'KBH magdil alav". Loosely translated: for every bit that a person increases his love for another Jew, God increases his love for that person. Our mitzvah to love our fellow Jew has a causal relationship with God's increasing love for us.

Although Ramchal's instruction is powerful, it is not surprising. After all, we know Rabbi Akiva's famous comment in the Sifra: "V'ahavta l'reiacha kamocha, zeh klal gadol ba'torah." "Love your neighbor as yourself, this is a great principle of the Torah." The nuanced point that Ramchal makes, however, is that love is not just something we give out of some beneficent mindset. When we love our fellow Jew we receive incredible reward in return. As the Kli Yakar writes (Shemos 25:3) "those who give (of their money, of their time, of their energy, of their love) receive more than what they have given." When we give we open ourselves up to Hashem's love and to the positive power and purpose that community and solidarity bestow on us all.

At Adereth El, we will continue to model this mission of love. 5783 was a year of Hakhel, the biblical mitzvah of assembling every Jew to hear the word of God. The Lubavitcher Rebbe (Likutei Sichos vol. 34, p. 211) points out that the goal of this gathering was to inspire us in our service of God. When we are surrounded by Jews coming together to learn Torah and to daven, how can we not be inspired?

At AE, any given Shabbos represents an ingathering of Jews. Walk into our shul and you will meet members raising families in Midtown and young professionals who are just starting their NYC journey. You will hear Adereth El regulars who have attended our shul for 50 years conversing in Yiddish with visitors from NYU and the other hospitals nearby. Commuters who pray at us all week and visitors to New York searching for Jewish life in the heart of Manhattan all find their way through our doors.

Our mission, then, is to continue to build and energize the welcoming atmosphere of which we are so proud. My prayer is that our community should continue to give our space and our love to those who seek it, and through this celebration of unity we should merit the coming of the final unification, with the ingathering of exiles and the coming of Mashiach.



The Nine Days



Are you planning to celebrate a Simcha with your family?

Organizing a birthday party for vour child? Looking to entertain a large group of friends outside your home?

Don't overlook the benefits of renting a room in the Shul. The cost is economical compared to other Kosher facilities. The convenient location, close to home, is another plus. And of course, your rental helps to support the Shul. For more information, call the Adereth El office (212) 685-0241.



Online Donations

Visit aderethel.org to securely donate online with your Visa, MasterCard or American Express .

Memorial Plaques

Honor your loved ones in this long-standing Jewish tradition. Having a plaque for a loved one on the Synagogue's memorial wall is a most fitting way to recognize the lives of our dear departed. During Yizkor and Yahrzeit, the lights next to the plaque are lit in their memory. Please call the office to purchase a bronze plaque at (212) 685-0241.

Rabbi's Tzedakah Fund

Distributes money to people in need both here and in Israel.

Message from Rabbi Mermelstein

Yeshiva University and Stern College students would love to study Torah with you!Please reach out to the Rabbi or Rabbinic Intern if interested.

> Interested in One-on-One Learning Opportunities?

Rabbi Shua's Shiur and Beer Chabura for young professionals will continue through the Fall. Please contact him for more information.

Simply Scrumptious Cookbook

Old and new recipes from the kitchens of people you know and pray with and the people they know and love. Includes a foreword from Rabbi Sidney Kleiman z"tl. \$10 per book, available at the Shul office, or contact the Shul office to order.

EXPLORING THE SIDDUR UNDERSTAND WHAT WE SAY AND WHY WE SAY IT

WITH RABBI JEREMY TEICHMAN

TUESDAY NIGHTS 8:00-8:30 PM





STARTING JAN. 3!

Contact Rabbi Shua Mermelstein for more info

Rabbi's Discretionary Fund

Intended for special projects and initiatives.

HACHNASAT ORCHIM

In an effort to continue to make our Shul a warm and welcoming environment, we ask that all our congregants introduce themselves to at least one new person every



16

CONDOLENCES

It is with great sadness we inform you of the passing of Harvey Solomon, Z'L Chaim Zanvil ben Shabtai, Brother of Linda Solomon.

BEQUESTS

Is Adereth El in your will? An important part of Adereth El's finances is represented by bequests, gifts after death, by friends and members of the Synagogue. Thoughtful bequests have helped Adereth El continue to serve the membership, the community and in maintaining the physical facilities. Your gift insures the future of Jewish life. A will should be prepared with the help of professional advice.

CEMETERY PLOTS

There are cemetery plots for sale in the Adereth El section of Montefiore Cemetery in Queens, New York. For further information, including costs, registration, and other arrangements, please contact the Shul office. These plots are available to Adereth El members only.

Book of Remembrance

The book of Remembrance that we are using for the 5784 (2023) High Holy Days is an annual project of the Adereth El sisterhood. Memorialized therein are the names of our congregants beloved departed of blessed memory, as well as the Yizkor prayers.

YAHRZEITS

Are you receiving yahrzeit reminders from the synagogue?

If you would like to be reminded about the yahrzeit (anniversary of the passing) of a loved one, please contact the Adereth El office.

Want to share a Yahrzeit, birthday, or

Simcha with family and friends?

Sponsor a Kiddush, Security or the Eruv on the Shabbat of your choice!

Message from our President **Michelle Gallay** Continued from Page 5

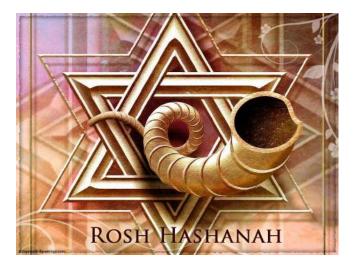
Engaging with existing members and prospective members on a deeper more personal level is of utmost importance to us but should be for everyone. I want Adereth El not only to be known as the oldest shul in the same location in New York City, but as the most welcoming one as well. I want this shul to remain a constant in the lives of those who walk through the doors. I want people to remember their experience at our shul. My hope is that the person who comes one time, wants to come again and for those who have come 100 times to be constantly reminded of why they do. *Wanting* to come to Adereth El is more important to me than *having* to come.

As we embark on a new year, I hope that with the help of the community we look ahead to new adventures together. I look forward to new programming, new members, and new initiatives that allow us to build the personal relationships that sustain our shul. At the same time, Adereth El needs your support. While sitting alone in the sanctuary that Thursday evening offered me a beautiful, spiritual sense of self reflection and allowed me to take notice of things I don't normally see in detail, it is watching Adereth El flourish that is most important to me. I enjoy the quiet moments but take immense pleasure in the hustle and bustle of Shabbat and kiddushes and the Holidays. This organized chaos is what shul life is about. We should consider ourselves lucky. Post Covid lead to many shul closures around the country. On the other hand, we have thrived, and I couldn't be more grateful to the community in helping us do so. Your continued sponsorships, funding, donations, contributions, and advocacy will enable Adereth El to flourish for many years to come.

On Rosh Hashanah we get to reflect on the past and celebrate new beginnings. As we step into a new year, we should also spend intentional time exploring a deeper connection to our faith and to G-d and to the community. My hope is that Adereth El can help facilitate this exercise of spiritual renewal today, tomorrow and for continual years to come.

Wishing you all a happy, healthy and sweet new year. Shana Tova!

Michelle Gallay President



Message from Rabbi Gideon Sloush Con't

Therefore, I submit that while there are certainly areas within Israeli society that need improvement, nevertheless, we must wholeheartedly and unwaveringly support and strengthen our one and only Jewish country. Yes, Israel continues to experience growth pains and shifting demographics, but when viewed in the broader picture of Jewish history these recent protests are miniscule.

As the children of survivors and supporters of the State of Israel, we need to keep our eye on the prize. Focus on the positive. See that Israel is very much a land flowing with milk and honey; a place where thousands of people are moving to each and every year. It is the place to where we turn when reciting our daily prayers. It is our history and it is our destiny. This Rosh Hashana let us pray for peace in Israel and blessing for all of Am Yisrael.

With best wishes to you and your families for a happy, healthy, safe and prosperous new year. Shana Tova.

Rabbi Gideon Sloush Director of the Department of Jewish Heritage. Keren Kayemet L'Yisrael

Rabbinic Intern–Jacob Stern



Jacob (also known as Jake) grew up in Highland Park, New Jersey. After graduating high school, he studied at Yeshivat Kerem B'yavneh in Israel (as did Rabbi Shua and Rabbi Shloush!). His academic journey led him to Yeshiva University, where he had the privilege of studying under the esteemed Rav Shalom Carmy. Currently, Jacob is completing his ordination at YU under the expert guidance of another Adereth El alumnus, Rabbi Ezra Schwartz. Jake's summer has been busy; in addition to starting at Adereth El, Jake married Jessica Weiselberg, a proud native of Brooklyn, in June, and the happy couple are now living in Washington Heights. Both Jake and Jessica have strong academic inclinations in addition to their spiritual commitments. Jacob is pursuing a PhD in Mathematics at the CUNY Graduate Center, just around the corner from our shul. Jessica is working toward a PhD in Biology at the Albert Einstein College of Medicine. Between coursework at the Graduate Center and teaching commitments at YU's Beren campus (Stern College for Women), Jacob has prayed many mincha and maariv services at Adereth El. Jacob is eager to become an integral part of the Adereth El community, and is excited to contribute his energy and dedication to the collective growth and unity of this cherished congregation.

Congregation Adereth El

Community Tashlich and Shofar

Sunday, Sept. 17th — 5:15pm (Second Day Rosh Hashana)

East River @ 35 Street

